



Parent Panel Series

Adult | Tuesdays, 7–8 p.m.

Hear from educators, therapists, social workers and library staff about resources and tips to support families while discussing topics important to those with children. Featuring panel discussions, followed by Q&A sessions. If you would like to submit a question in advance, email it to yfe@bcpl.net. Registration closes one hour before the start of each program. A valid email address is needed at registration to send a Zoom link to each individual program 30 minutes before scheduled start.

Talking to Your Child About Gender

July 27

Our kids are receiving gender messages from the day they are born, yet do we offer the opportunity for them to consider this fundamental aspect of life more deeply? Basic gender literacy is key to children understanding and determining aspects of their own gender, engaging in healthy relationships and being able to think critically about social and societal messages and ideas about gender. Our panelists discuss ways to talk with your kids about gender.

Where Do We Go from Here?: Helping Families Adjust to Life in the Post-Pandemic World

August 31

Our children are resilient, yet so much has changed and will continue to change. Wondering about the transition back to school, work and life for your children and how to prepare them for a successful transition? Our panelists offer guidance to help families deal with anxiety, fear and worry that some youth may experience adjusting to change.

The Importance of Communication and Structure

September 28

Communication and structure are important for both children and parents. Are you looking for ways to create structure for your child/teen? Do you need tips for how to communicate well with your child/teen? Learn about how to create positive communication and structure for your family.

Working Through School Stress

October 26

We know school can be stressful for children, but it can also be stressful for parents. Learn the best ways to help your student manage school transitions, test anxiety, college applications and more.

Why Won't They Listen?: Child Development and Expectations

November 30

Learn about common childhood milestones and help your child succeed by setting developmentally appropriate expectations.

Talking to Kids About Sex

December 21

Want your children and teens to have safe, healthy, thoughtful sexuality information as they become young adults? An introduction to resources and ways to have these conversations without fear or shame.